



WINTER 2023 MENU OPTIONS – NO GLUTEN

NAME: CLASS..... YEAR

School meals cost £2.60 per day = £13.00 per week - **PAYABLE VIA SCHOOL MONEY**

	Monday		Tuesday		Wednesday		Thursday		Friday	
Week One	1	Sweet & Sour Chicken	1	Homemade Steak Pie	1	Chicken Dinner	1	(v) Tasty Tomato & Mozzarella Pasta Bake	1	Breaded Fish Start
	2	(v) Loaded Quesadilla								
	3	Jacket Potato	3	Jacket Potato	3	Jacket Potato	3	Jacket Potato	3	Jacket Potato
	3	Sandwich A) Ham B) Cheese C) Tuna	3	Sandwich A) Ham B) Cheese C) Tuna	3	Sandwich A) Ham B) Cheese C) Tuna	3	Sandwich A) Ham B) Cheese C) Tuna	3	Sandwich A) Ham B) Cheese C) Tuna
Week Two	1	Spaghetti Bolognese	1	Creamy Chicken & Ham	1	Gammon Dinner	1	(v) Cheese Omelette	1	Battered Fish
	2	(v) Double Cheese Pasta								
	3	Jacket Potato	3	Jacket Potato	3	Jacket Potato	3	Jacket Potato	3	Jacket Potato
	3	Sandwich A) Ham B) Cheese C) Tuna	3	Sandwich A) Ham B) Cheese C) Tuna	3	Sandwich A) Ham B) Cheese C) Tuna	3	Sandwich A) Ham B) Cheese C) Tuna	3	Sandwich A) Ham B) Cheese C) Tuna
Week Three	1	Chilli con Carne	1	(v) Powerball's in Gravy	1	Beef Dinner	1	Ham & Sweetcorn Pizza	1	Fish Fingers
	2	(v) Campfire Chilli								
	3	Jacket Potato	3	Jacket Potato	3	Jacket Potato	3	Jacket Potato	3	Jacket Potato
	3	Sandwich A) Ham B) Cheese C) Tuna	3	Sandwich A) Ham B) Cheese C) Tuna	3	Sandwich A) Ham B) Cheese C) Tuna	3	Sandwich A) Ham B) Cheese C) Tuna	3	Sandwich A) Ham B) Cheese C) Tuna

Please circle your child's choice for each day for all three weeks. Once the cycle has come to the end of three weeks, it will return to your choices for Week One. Jacket Potato (no option for filling choice) This menu may be subject to change if provisions are not available. Thank you.