



## WINTER 2023 MENU OPTIONS

SCHOOL MEALS CHOICE SHEET **NAME:** ..... **CLASS:** ..... **YEAR:** .....

School meals cost **£2.50 per day = £12.50 per week** - **PAYABLE VIA SCHOOL MONEY**

|                   | Monday |                                            | Tuesday |                                            | Wednesday |                                            | Thursday |                                            | Friday |                                            |
|-------------------|--------|--------------------------------------------|---------|--------------------------------------------|-----------|--------------------------------------------|----------|--------------------------------------------|--------|--------------------------------------------|
| <b>Week One</b>   | 1      | Sweet & Sour Chicken                       | 1       | Homemade Steak Pie                         | 1         | Chicken Dinner                             | 1        | (v) Tasty Tomato & Mozzarella Pasta Bake   | 1      | Breaded Fish Start                         |
|                   | 2      | (v) Loaded Quesadilla                      | 2       | (v) Hearty Sizzling Sausage                | 2         | (v) Roasted Quorn Fillet                   | 2        | (v) Homemade Cheese & Tomato Pizza slice   | 2      | (v) Crispy Dippers                         |
|                   | 3      | Jacket Potato                              | 3       | Jacket Potato                              | 3         | Jacket Potato                              | 3        | Jacket Potato                              | 3      | Jacket Potato                              |
|                   | 3      | Sandwich<br>A) Ham<br>B) Cheese<br>C) Tuna | 3       | Sandwich<br>A) Ham<br>B) Cheese<br>C) Tuna | 3         | Sandwich<br>A) Ham<br>B) Cheese<br>C) Tuna | 3        | Sandwich<br>A) Ham<br>B) Cheese<br>C) Tuna | 3      | Sandwich<br>A) Ham<br>B) Cheese<br>C) Tuna |
| <b>Week Two</b>   | 1      | Spaghetti Bolognese                        | 1       | Creamy Chicken & Ham                       | 1         | Gammon Dinner                              | 1        | (v) Cheese Omelette                        | 1      | Battered Fish                              |
|                   | 2      | (v) Double Cheese Pasta                    | 2       | (v) Cheeseburger in a soft bun             | 2         | (v) Hearty Sizzling Sausage                | 2        | (v) Homemade Cheese & Tomato Pizza slice   | 2      | Chicken Goujons                            |
|                   | 3      | Jacket Potato                              | 3       | Jacket Potato                              | 3         | Jacket Potato                              | 3        | Jacket Potato                              | 3      | Jacket Potato                              |
|                   | 3      | Sandwich<br>A) Ham<br>B) Cheese<br>C) Tuna | 3       | Sandwich<br>A) Ham<br>B) Cheese<br>C) Tuna | 3         | Sandwich<br>A) Ham<br>B) Cheese<br>C) Tuna | 3        | Sandwich<br>A) Ham<br>B) Cheese<br>C) Tuna | 3      | Sandwich<br>A) Ham<br>B) Cheese<br>C) Tuna |
| <b>Week Three</b> | 1      | Chilli con Carne                           | 1       | (v) Powerball's in Gravy                   | 1         | Beef Dinner                                | 1        | Ham & Sweetcorn Pizza                      | 1      | Fish Fingers                               |
|                   | 2      | (v) Campfire Chilli                        | 2       | (v) Cheese & Bean Flaky Pastry Bake        | 2         | (v) Autumn Mince                           | 2        | (v) Homemade Cheese Flan                   | 2      | Chicken Goujons                            |
|                   | 3      | Jacket Potato                              | 3       | Jacket Potato                              | 3         | Jacket Potato                              | 3        | Jacket Potato                              | 3      | Jacket Potato                              |
|                   | 3      | Sandwich<br>A) Ham<br>B) Cheese<br>C) Tuna | 3       | Sandwich<br>A) Ham<br>B) Cheese<br>C) Tuna | 3         | Sandwich<br>A) Ham<br>B) Cheese<br>C) Tuna | 3        | Sandwich<br>A) Ham<br>B) Cheese<br>C) Tuna | 3      | Sandwich<br>A) Ham<br>B) Cheese<br>C) Tuna |

Please circle your child's choice for each day for all three weeks. Once the cycle has come to the end of three weeks, it will return to your choices for Week One. Jacket Potato (no option for filling choice) This menu may be subject to change if provisions are not available. Thank you.

