

PGL



Wednesday 26th June –
Friday 28th June 2019



Arrangements for Wednesday 26th June 2019



- Children may come into school at 8:45am, to allow for help with their luggage.
- Luggage will be stored in Class 11.
- We plan to leave at approximately 10 am – you are welcome to come and wave the children goodbye!

PGL Medical Information Form

Please fill in ALL sections. Where a question is not applicable, please write N/A in the box.

Child's Name:		
Date of Birth:		
Names of Parents/ Guardians:	Parent/Guardian: _____	Parent/Guardian: _____
Address:	Line 1: _____ Line 2: _____ City: _____ Postcode: _____	
Contact Numbers:	Contact 1: _____ Work: _____ Home: _____ Mobile: _____	Contact 2: _____ Work: _____ Home: _____ Mobile: _____
Name of Child's Doctor:		
Address of Doctor's Surgery:	Line 1: _____ Line 2: _____ City: _____ Postcode: _____	
Contact Number for Doctor's Surgery:		
Medical Conditions:		
Medication(s) Required:		

Please return no later than **Wednesday dayth June 2018.**



Medication arrangements



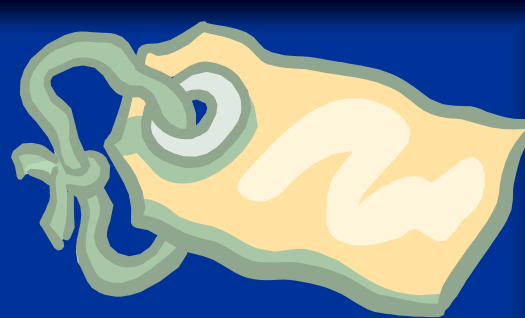
- If possible, please hand any medication required to Mrs Rigby/Ms Fox before Wednesday 26th June with the 'Administration of Medication form.
- Please ensure the Medical Information Form, we have given you tonight, is up to date (any update advise on Wednesday 26th June);
- All medication must be clearly labelled, with name, what used for, when and how to be taken.
- Anti-histamine must be provided if hint of hayfever!
- Please ensure that you sign the relevant part of the form to enable us to give your child emergency pain relief (Calpol)

PGL Insurance

- www.pgl.co.uk/insurance
- Please read the Key Facts and Insurance Policy.



Each child requires:



- Bedding will be provided by PGL!
- One bag (suitcase/holdall with wheels) – clearly labelled with child's name.
- A large plastic bag for dirty washing.
- Small plastic bag for placing dry clothes in prior to wet activities.
- Rucksack
- All belongings to be clearly labelled.
Drying room is a great black hole!



Contents of suitcase/holdall

- Old clothes, which can be discarded upon return, including old trainers.
- Several pairs of long legged trousers – joggers ideal- full t-shirts only please for activities!
- Adhere to kit list – definitely need warm layers for evening entertainments.
- Towels – identify with your child which for use after activities and which for showering!
- Name anything you want returned!
- A 'bin bag' clearly labelled with child's name and 'Wet/dirty clothes'.
- Teddy!
- PGL request No aerosols as these can set off the smoke alarms.



No cameras, mobile phones or anything of value

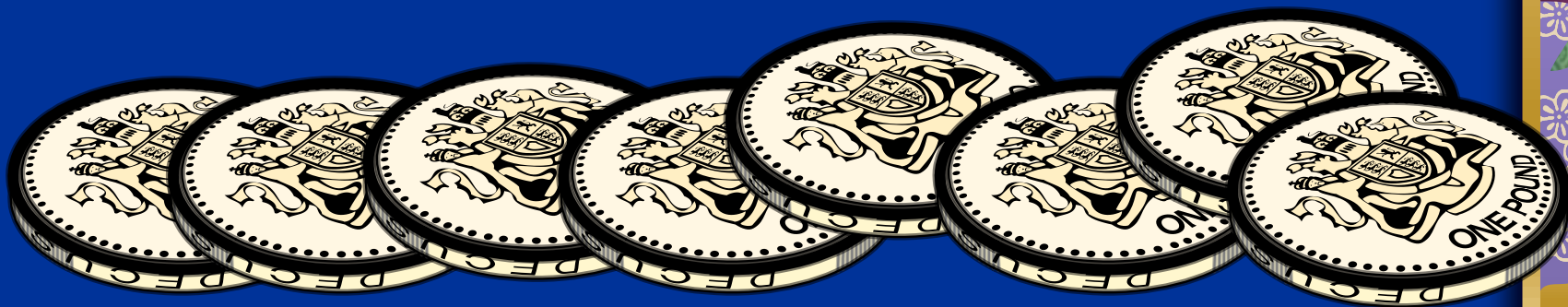


- Children's individual rooms are not locked and we do not want anything to go missing;
- Valuable jewellery is best left at home (no fitbits);
- Staff will take cameras and we will provide the children with a DVD of their holiday;
- If you have requested that your child is not to have their photograph taken in school, they will be omitted from any PGL photographs.



Pocket money

- Maximum of £10.
- Money to be brought into school before Friday 21st June 2018 in a named envelope.
- Staff will look after the pocket money to avoid anyone losing theirs.



Refreshments

- Bottle of water (clearly named) which can be refilled for the activities is essential.
- Sensible 'treats' are allowed – but please assist us in not sending too many
- A small rucksack for the coach (disposable packed lunch/entertainment)



Activities

	Group	Meeting Point	Group Leader	Session 1 9:00 - 10:30	Session 2 10:40 - 12:10	Session 3 14:10 - 15:40	Session 4 15:50 - 17:20	Evening 19:30 - 21:00	
Wednesday	1					Zip Wire (ZW3)	Tunnel Trail (TT1)		Campfire (CAMP-AMP)
	2					Zip Wire (ZW4)	Tunnel Trail (TT2)		Campfire (CAMP-AMP)
	3					Tunnel Trail (TT1)	Zip Wire (ZW3)		Campfire (CAMP-AMP)
	4					Tunnel Trail (TT2)	Zip Wire (ZW4)		Campfire (CAMP-AMP)
Thursday	1			Raft Building (RB1A)	Raft Building (RB1A)	Giant Swing (GS5)	Fencing (F1)		Passport To The World (PPTTW1)
	2			Raft Building (RB1B)	Raft Building (RB1B)	Giant Swing (GS6)	Fencing (F2)		Passport To The World (PPTTW1)
	3			Raft Building (RB2A)	Raft Building (RB2A)	Fencing (F1)	Giant Swing (GS5)		Passport To The World (PPTTW1)
	4			Raft Building (RB2B)	Raft Building (RB2B)	Fencing (F2)	Giant Swing (GS6)		Passport To The World (PPTTW1)
Friday	1			Challenge Course (CC1)	Abseiling (AB1)	Depart			
	2			Challenge Course (CC2)	Abseiling (AB2)	Depart			
	3			Abseiling (AB1)	Challenge Course (CC1)	Depart			
	4			Abseiling (AB2)	Challenge Course (CC2)	Depart			

Contact details

- Please provide the contact details in respect of the week of the holiday;
- All staff will have mobiles and it is essential we can contact you in an emergency;
- If you are 'escaping' too, please provide us with a mobile number;
- Or name and number of someone who can give permission on your behalf.



Any questions?

- Arrival Wednesday 8:45 am
- Medication details
- All items labelled
- Old clothes, trainers etc.
- Nothing of value, no mobile phones, cameras, jewellery
- Pocket money £10
- Sensible 'treats'
- Contact details for 26th to 28th June 2018

Thank you!

