



# **INTIMATE CARE POLICY**

**2024-2025**

## **OUR TRUST'S PRAYER**

Heavenly Father  
Let peace, friendship and love grow in our schools  
Send the Holy Spirit to give:  
Excellence to our learning  
Love to our actions and  
Joy to our worship  
Guide us to help others  
So that we may all  
Learn, Love and Achieve, Together with Jesus.  
Amen

## Our Christian Vision is:

*'Learning and growing together to achieve our best in the love of God'*

'Learning and growing together to achieve our best in the love of God' sums up our school vision and ethos that all children will have the opportunity to experience God's love and fulfil their potential across the curriculum, valuing themselves and others, living out our Christian values in order to make a positive difference in the world. This vision underpins our behaviour policy.

## School Aims

In order to prepare today's children for tomorrow's challenges, Rainford CE Primary Schools aims to achieve the following:

- Every child will be encouraged to understand the meaning and significance of faith, experience God's love and develop the spirituality to enable them to live out our Christian values of love, joy, peace, friendship, forgiveness, perseverance and justice
- Every child will achieve their full potential through being a highly motivated, resilient and independent learner who embraces new experiences, has confidence to tackle challenges and go onto develop a lifelong love of learning.
- Every child will value themselves as a unique individual with special qualities and strengths developing self-discipline and honesty; taking responsibility for their own actions and appreciating their ability to make a positive difference in the world.
- Every child will appreciate and respect others, celebrate differences between individuals and groups and respect and care for God's creation and the environment.
- Every child will be encouraged to make healthy choices and appreciate the benefits of a healthy lifestyle.

In order to do this, we will constantly reflect the Christian ethos of our school in our relationships with our children, their families, our staff, the church and the wider community.

## Aims

The sleep policy aims to provide a clear framework to ensure the health, safety and wellbeing of all children who require support to sleep or rest whilst in our care. Little Garden Nursery ensures that all children receive the rest and sleep that they need during their nursery day and regard it to be a highly important part of their personal and developmental needs

## Legislation

This policy is based on requirements set out in the 2024 statutory framework for the Early Years Foundation Stage (EYFS).

## Introduction

we believe that all children need contact with familiar, consistent carers to ensure they can grow and develop socially and emotionally. At times children need to be cuddled, encouraged, held and offered physical reassurance. Intimate care routines are essential throughout the day to meet children's basic needs. This may include nappy changing, supporting children with toileting, changing clothes, and giving first aid treatment and specialist medical support, where required.

In order to maintain the child's privacy, we will carry out the majority of these actions on a one-to-one basis, wherever possible, by the child's key person with the exception of first aid treatment which must be carried out by a qualified first aider. We wish to ensure the safety and welfare of children during intimate care routines and safeguard them against any potential harm as well as ensuring the staff member involved is fully supported and able to perform their duties safely and confidently. We aim to support all parties through the following actions:

- Promoting consistent and caring relationships through the key person system in Little Garden Nursery and ensuring all parents understand how this works
- Ensuring all staff undertaking intimate care routines have suitable enhanced DBS checks
- Training all staff in the appropriate methods for intimate care routines and arranging specialist training where required, i.e. first aid training, specialist medical support
- Ensuring children are afforded privacy during intimate care routines whilst balancing this with the need to safeguard children and staff.

## Nappy Changing / Toilet Training

We promote toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults. We will ensure that nappy changing is relaxed and a time to promote independence in young children.

We will not exclude a child from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. Little Garden Nursery will work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We provide a nappy changing area that is warm, with a safe area to lay children and no bright lights shining down in their eyes. Children are encouraged to walk up the steps of the changing unit and are safely supported to do so by the adult.

There is a separate toilet area with potties and its own sink at child's height.

Each child provides their own nappies/pull ups and wipes which are kept in their personal bag hanging from their peg. Any nappy cream that a child requires during the day should be provided from home and labelled with that child's name.

The key person is aware of personalised changing times for the children in our care who are in nappies or 'pull-ups'; and change nappies according to child's need, or more frequently where necessary. Nappy changes are recorded for children under the age of 4 on their daily diaries and also on the nappy charts in each of the rooms to ensure that all children are changed on a regular basis. We encourage children from 2 years to sit on the potty when we change their nappy in order to familiarise them with the process before starting to potty train.

When changing a child's nappy, the member of staff will put on disposable gloves and aprons before changing starts and the areas are prepared. A clean pair of gloves and apron are used for each child. All our staff are familiar with our hygiene procedures and carry these out when changing nappies. Our staff will never turn their back on a child or leave them unattended whilst they are on the changing mat.

Little Garden Nursery will dispose of nappies and pull ups via a company specialising in the disposal of waste. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are rinsed and bagged for parents to take home.

We have a 'duty of care' towards children's personal needs. If children are left in wet or soiled nappies/pull ups in the setting this may constitute neglect and will be a disciplinary matter.

- No nappies will be changed or intimate routines take place behind closed doors
- Conducting thorough inductions for all new staff to ensure they are fully aware of all nursery procedures relating to intimate care routines
- Following up procedures through supervision meetings and appraisals to identify any areas for development or further training
- If a child requires specific support the nursery will arrange a meeting with the parent to discover all the relevant information relating to this to enable the staff to care for the child fully and meet their individual needs
- Ensuring all staff have an up-to-date understanding of safeguarding/child protection and how to protect children from harm. This will include identifying signs and symptoms of abuse and how to raise these concerns as set out in the safeguarding/child protection policy
- Operating a whistleblowing policy to help staff raise any concerns about their peers or managers; and helping staff develop confidence in raising worries as they arise in order to safeguard the children in the nursery
- Conducting working practice observations on all aspects of nursery operations to ensure that procedures are working in practice and all children are supported fully by the staff. This includes intimate care routines
- Conducting regular risk assessments on all aspects of the nursery operation including intimate care and reviewing the safeguards in place. The nursery has assessed all the risks relating to intimate care routines and has placed appropriate safeguards in place to ensure the safety of all involved.

# Toileting Procedures

We will encourage children to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet. We will encourage children to wash their hands and have soap and towels to hand. They should be allowed time for some play as they explore the water and the soap. We do not use anti-bacterial hand wash liquid or soap for young children; young skin is quite delicate and anti-bacterial products kill off certain good bacteria that children need to develop their own natural resistance to infection. Older children access the toilet when they have the need to and are encouraged to be independent.

If any parent or member of staff has concerns or questions about intimate care procedures or individual routines, please see the manager at the earliest opportunity.

## Monitoring and review

This policy is monitored by the governing body, and will be reviewed in two years, or earlier if necessary.

This policy applies to Sunbeam, Raindrops, Reception, Breakfast Club and After School Club.

### To be reviewed: July 2025

#### Review Schedule

Policy Author	Emma Shawcross
Policy Approver	Governing Body
Current Policy Version	Version 1 October 2024
Policy Effective From	October 2024
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#### Revision Schedule

Version	Revisions	By whom
V1 Oct 24		ES





