

# News & Events Update

#### **ADDvanced Solutions Community Network**

#### Who are we?

ADDvanced Solutions Community Network is a Community Interest Company, not for profit social enterprise established out of need in October 2012 with the participation and consultation of families living with Neurodevelopmental conditions.

We aim to provide community based, open access, pre during and post diagnosis learning, coaching and mentoring for families with a child living with a Neurodevelopmental condition to better recognise, understand and support the needs of their family, building resilience and leading to improved mental health, social and emotional wellbeing, increased independence and confidence to access an ordinary life.

Learning and support is delivered by our team of professionals who live with Neurodevelopmental conditions in their own family.

We look forward to working with families in the St Helens area.

#### St Helens Community Network Group

ADDvanced Solutions Community Network provides community based pre, during and post diagnosis learning, coaching, mentoring, and health and wellbeing activities for families with a child living with a Neurodevelopmental condition including Autism Spectrum Disorder / Condition, ADHD, Sensory Processing Difficulties, Dyslexia, Dyspraxia, Dyscalculia, Dysgraphia, Fragile X, speech language and communication needs, SEN and disability.

Come along to your local Community Network Group which is open access, no need to book. Sessions are delivered in term time and provide an opportunity to share learning and experience and to gain tools, confidence and knowledge to better identify, understand and meet the needs of families living with Neurodevelopmental conditions.

12.45pm - 2.45pm every Tuesday during term time.

The YMCA Beacon, 25 College Street, St Helens WA10 1TF

Check out the St Helens What's on page on our website <a href="https://www.addvancedsolutions.co.uk">www.addvancedsolutions.co.uk</a> for an up to date timetable of delivery and when our partners will be joining us.

Parents and Carers can join our Facebook page by searching for: ADDvanced Solutions Community Network CIC

Find more news and events at www.addvancedsolutions.co.uk



#### **Neurodevelopmental Conditions Professionals Awareness Raising Training**

Full Day's Awareness Raising Training on Neurodevelopmental conditions. This full day's training is for any workers who come into contact with or work with families with a child living with a Neurodevelopmental condition including Autism Spectrum Disorder/Condition, ADHD and sensory processing difficulties (SPD).

The training aims to:

- Improve understanding of Neurodevelopmental conditions, how they present and often overlap and
- Develop skills and confidence to better support families living with Neurodevelopmental conditions.

Monday 30<sup>th</sup> January 2017 - 9.30am - 4.30pm (registration 9.15am) St Helens Young Carers, Fishwick House, 18 Cotham Street, St Helens, WA10 1SJ.

The training will be delivered by ADDvanced Solutions Community Network and is supported by NHS St Helen's CCG. Delegates should arrive at 9.15am for registration in readiness for 9.30am start.

### Full Day's Family Awareness Raising Training on Neurodevelopmental conditions

This full day's training is for any parent, carer or any extended family member who supports a child living with a Neurodevelopmental condition including Autism Spectrum Disorder/Condition, ADHD and sensory processing difficulties (SPD).

The training aims to:

- Improve understanding of Neurodevelopmental conditions, how they present and often overlap and
- Develop skills and confidence to better support the family member living with Neurodevelopmental conditions.

Monday 6<sup>th</sup> February 2017 - 9.30am - 3.00pm St Helens Young Carers, Fishwick House, 18 Cotham Street, St Helens, WA10 1SJ.

**Booking is essential.** Please contact us on <a href="mailto:info@addvancedsolutions.co.uk">info@addvancedsolutions.co.uk</a> to reserve your place. PLEASE NOTE: Lunch will not be provided for these sessions, all learners are advised to make arrangements

## 6 Week Neurodevelopmental Pathway Family Learning Programme

An intensive family learning programme for families in St Helens who wish to gain knowledge and skills about their child's Neurodevelopmental condition:

- Identifying neurodevelopmental conditions/learning and mental health difficulties
- Identifying ASD/C
- Identifying ADHD
- Identifying Sensory Processing Difficulties
- Identifying challenging behaviours including sleep, toileting, feeding, and behavioral difficulties
- Identifying your local offer, welfare rights and educational support.

The next courses available are:

Wednesday 11<sup>th</sup> January – Wednesday 8<sup>th</sup> February 2017 12.30pm – 3.00pm - Parr

Thursday 12<sup>th</sup> January -Thursday 9<sup>th</sup> February 2017 12.30pm - 3.00pm - Rainford

To book on these courses please contact our office 01744 582172 or email us on info@addvancedsolutions.co.uk

