



WINTER/SPRING 2021/2022 MENU OPTIONS – GLUTEN FREE

SCHOOL MEALS CHOICE SHEET NAME: CLASS.....YEAR

School meals cost £2.50 per day = £12.50 per week - **PAYABLE VIA SCHOOL MONEY**

		Monday	Tuesday	Wednesday	Thursday	Friday
Week One 05/01/2022 24/01/2022 07/03/2022 28/03/2022	Main	Cheese & Tomato Pasta (v) (GF Pasta)	Mild Spiced Lamb Stew (NO CUMIN)	Roast Chicken with gravy (no stuffing)	Steak Pie	Jacket Potato
Week Two 10/01/2022 31/01/2022 21/02/2022 14/03/2022	Main	Spaghetti Bolognese (v) (GF Pasta)	BBQ Chicken Fillet Burger, (GF Bun & Plain chicken breast)	Braised Pork with Apple	Cottage Pie	Jacket Potato
Week Three 17/01/2022 07/02/2022 28/02/2022 21/03/2022	Main	Quorn & Mango Curry (v) (NO CUMIN)	GF Beef Burger on GF Bun	Roast Beef no Yorkshire pudding, extra potato	Warm Ham and Cheese Panini (GF Bread)	Jacket Potato

Please circle your child's choice for each day for all three weeks. Once the cycle has come to the end of three weeks, it will return to your choices for Week One. Jacket Potato (no option for filling choice) This menu may be subject to change if provisions are not available. **Raindrops meals are charged at £3.00 per day.**
 Thank you.