



## SPRING/SUMMER 2020 MENU OPTIONS

SCHOOL MEALS CHOICE SHEET NAME: ..... CLASS.....YEAR .....

**School meals cost £2.45 per day = £12.25 per week - CHEQUES MADE PAYABLE TO ST HELENS COUNCIL**

|   | Monday | Tuesday                                    | Wednesday | Thursday                                   | Friday |  |   |   |   |  |
|---|--------|--|-----------|--|--------|--|---|---|---|--|
| <b>Week One</b><br>20/04/2020<br>11/05/2020<br>08/06/2020<br>29/06/2020<br>01/09/2020<br>21/09/2020<br>12/10/2020   | 1      | Pork Meatballs & Gravy                     | 1         | Spaghetti Bolognese & Garlic Bread         | 1      | Roasted Chicken Breast, Stuffing & Gravy   | 1 | Pork Sausages with Gravy                | 1 | Cod Fishfingers                            |
|   | 2      | Pasta Pot with Sauce                       | 2         | Cheddar Cheese & Onion Quiche (v)          | 2      | Sweet Potato & Salmon Fishcake (v)         | 2 | Pasta Pot with Sauce                    | 2 | Homemade Pizza (v)                         |
|   | 3      | Sandwich<br>A) Ham<br>B) Cheese<br>C) Tuna | 3         | Pasta Pot with Sauce                       | 3      | Sandwich<br>A) Ham<br>B) Cheese<br>C) Tuna | 3 | Jacket Potato                           | 3 | Sandwich<br>A) Ham<br>B) Cheese<br>C) Tuna |
| <b>Week Two</b><br>27/04/2020<br>18/05/2020<br>15/06/2020<br>06/07/2020<br>07/09/2020<br>28/09/2020<br>19/10/2020   | 1      | Chicken Goujons with Ketchup               | 1         | Steak Pie & Gravy                          | 1      | Roasted Pork Loin & Gravy                  | 1 | Chicken with BBQ Sauce & Cheddar Cheese | 1 | Battered Fish                              |
|   | 2      | Meatball Pasta Pot with Sauce              | 2         | Cheese & Tomato Pasta Pot                  | 2      | Macaroni Cheese Pasta Pot (v)              | 2 | Quorn Curry (v)                         | 2 | Homemade Pizza (v)                         |
|   | 3      | Vegetarian Pasta Pot with Sauce            | 3         | Sandwich<br>A) Ham<br>B) Cheese<br>C) Tuna | 3      | Sandwich<br>A) Ham<br>B) Cheese<br>C) Tuna | 3 | Vegetable Pasta Pot                     | 3 | Sandwich<br>A) Ham<br>B) Cheese<br>C) Tuna |
| <b>Week Three</b><br>04/05/2020<br>01/06/2020<br>27/06/2020<br>13/07/2020<br>14/09/2020<br>05/10/2020<br>02/11/2020 | 1      | Beef Burger & Gravy                        | 1         | Hot Dog Sausage in Roll                    | 1      | Roast Beef, Yorkshire Pudding & Gravy      | 1 | Chicken Curry with Naan Bread           | 1 | Cod Fishfingers                            |
|   | 2      | Minced Beef Pasta Pot                      | 2         | Chicken Pasta Pot                          | 2      | Cheese & Tomato Quesadilla (v) with salad  | 2 | Sausage Roll (v)                        | 2 | Homemade Pizza (v)                         |
|   | 3      | Jacket Potato                              | 3         | Vegetable Pasta Pot                        | 3      | Jacket Potato                              | 3 | Jacket Potato                           | 3 | Sandwich<br>A) Ham<br>B) Cheese<br>C) Tuna |

**Please circle your child's choice for each day for all three weeks. Once the cycle has come to the end of three weeks, it will return to your choices for Week One. Jacket Potato (no option for filling choice) This menu may be subject to change if provisions are not available. Raindrops meals are charged at £2.57 per day. Thank you.**